

2022 – 2023

WEEK B

Session 2

v1

U / 10 Girls	High Jump High Jump 4	60m Hurdles Front Track	800m 800m Start	Shot Put Shot Put 2	200m 200m Start	
U / 10 Boys	High Jump High Jump 5	60m Hurdles Front Track	800m 800m Start	Shot Put Shot Put 1	200m 200m Start	
U / 11 Girls	High Jump High Jump 3	1500m 1500m Start	Shot Put Shot Put 2	200m 200m Start	Triple Jump Triple Jump 3	
U / 11 Boys	High Jump High Jump 1	1500m 1500m Start	Shot Put Shot Put 1	200m 200m Start	Triple Jump Triple Jump 4	
U / 12 Girls	Shot Put Shot Put 2	High Jump High Jump 2	200m 200m Start	Triple Jump Triple Jump 2	800m 800m Start	
U / 12 Boys	Shot Put Shot Put 1	High Jump High Jump 1	200m 200m Start	Triple Jump Triple Jump 1	800m 800m Start	
U / 13 Girls	200m Hurdles 200m Start	800m 800m Start	Long Jump Long Jump 3	200m 200m Start	400m 400m Start	Discus Discus 2
U / 13 Boys	200m Hurdles 200m Start	800m 800m Start	Long Jump Long Jump 4	200m 200m Start	400m 400m Start	Discus Discus 1
U / 14 Girls	200m Hurdles 200m Start	Discus Discus 2	200m 200m Start	Triple Jump Triple Jump 3	800m 800m Start	High Jump High Jump 2
U / 14 Boys	200m Hurdles 200m Start	Discus Discus 1	200m 200m Start	Triple Jump Triple Jump 4	800m 800m Start	High Jump High Jump 1
U / 15 U / 17 Girls	300m Hurdles 1500m Start	800m 800m Start	Long Jump Long Jump 2	200m 200m Start	Discus Discus 2	400m 400m Start
U / 15 U / 17 Boys	300m Hurdles 1500m Start	800m 800m Start	Long Jump Long Jump 1	200m 200m Start	Discus Discus 1	400m 400m Start

****Javelin and 3000m to be held in between Session 1 and Session 2****