

WEEK 3

Session 1

v2

Tiny Tots	50m Straight Track	Discus Discus 3	100m Straight Track
U / 6 Girls	Long jump Long Jump 3	60m Straight Track	300m Back Track
U / 6 Boys	Long jump Long Jump 4	60m Straight Track	300m Back Track
U / 7 Girls	500m Straight Track	Shot put Shot Put 2	50m Straight Track
U / 7 Boys	500m Straight Track	Shot put Shot Put 1	50m Straight Track
U / 8 Girls	400m Straight Track	Discus Discus 2	700m Back Track
U / 8 Boys	400m Straight Track	Discus Discus 1	700m Back Track
U / 9 Girls	100m Straight Track	Long jump Long Jump 2	400m Straight Track
U / 9 Boys	100m Straight Track	Long jump Long Jump 1	400m Straight Track

U/9 Walks at the end of their events