

# WEEK 1

## Session 1

v2

Tiny Tots	60m H Straight Track	Shot put Shotput 3	100m Straight Track	
U / 6 Girls	60m H Straight Track	Discus Discus 6	100m Straight Track	
U / 6 Boys	60m H Straight Track	Discus Discus 5	100m Straight Track	
U / 7 Girls	60m H Straight Track	Long jump Long Jump 2	200m 200m Start	
U / 7 Boys	60m H Straight Track	Long jump Long Jump 1	200m 200m Start	
U / 8 Girls	Shot put Shot put 2	60m H Back Track	200m 200m Start	
U / 8 Boys	Shot put Shot put 1	60m H Back Track	200m 200m Start	
U / 9 Girls	800m 800m Start	60m H Back Track	200m 200m Start	Discus Discus 2
U / 9 Boys	800m 800m Start	60m H Back Track	200m 200m Start	Discus Discus 1